



# **SURANA COLLEGE** **(AUTONOMOUS)**

**2021-22**  
**AQAR**

**Annual Quality Assurance Report**

## **Criterion VII – INSTITUTIONAL VALUES AND BEST PRACTICES**

**Metric No. 7.3.1**

### **7.3- INSTITUTIONAL DISTINCTIVENESS**

**7.3.1- Highlight the performance of the institution in an area distinct to its priority and thrust.**



ESTD.1995  
**SURANA COLLEGE**

**(AUTONOMOUS)**

Moulding Character & Careers

Affiliated to Bangalore University  
Re-accredited by NAAC with A+ Grade  
Recognized under 2(f) & 12(B) of UGC  
Accredited by IAO & Certified by ISO

### **Institutional Distinctiveness**

The institution concentrates on a few distinct traits for which outcomes are tracked. The Planning Committee, which meets at the beginning of each academic year to discuss methods to take into account a changing environment, is made up of the Principal, IQAC, and Department Heads.

Hybrid learning was frequently used to safeguard the children's safety and security throughout the outbreak. The recorded lectures, video-based learning, student presentations, and virtual internships were some of the highlights of this session.

Social outreach has served as the cornerstone upon which the institute's beliefs and objectives have been built. Social outreach programs were carried out by the NCC, NSS, Rotaract, Student Council, and other departmental organizations.

Peer therapy was used by some of our students and mentors as part of a pilot program for an internal well-being centre for faculty and students.

The idea of career is taken into consideration while examining a graduating student's professional alternatives in terms of entrepreneurship, higher education, and employment depending on their skill sets.

Project-based learning is currently used in the majority of programs to ensure that students attend expert lectures and workshops that enhance their ability for critical and creative thought.

Bangalore

22-Aug-2022

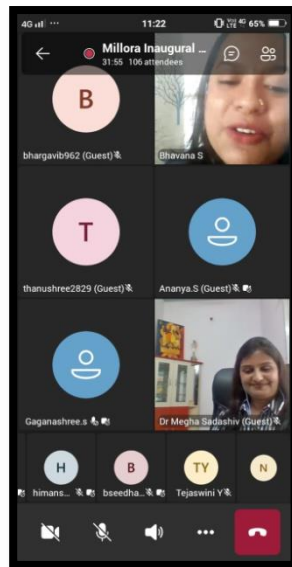
**PRINCIPAL**  
**SURANA COLLEGE**  
# 16, South End Road,  
Bangalore - 560 004.



**Institutional Distinctiveness Supporting Documents**

**1. Hybrid learning:-**

- Online Guest lecture was conducted on the 15<sup>th</sup> of July, 2021 with the key-note speaker being Dr. Megha Sadashiv on the topic “Mental health and positive thinking”.



- **Report on One Day Symposium on “Tourism Management from a Historical Perspective” Held on 1<sup>st</sup> June 2022**

Organized by Department of Tourism & History, Surana College, Bangalore in Association with Bangalore University and BharatheeyaIthihasa Sankalan Samithi, Karnataka

An initiative by the Department of Tourism and History, Surana College organized One Day Symposium on “Tourism Management from a Historical Perspective” on 1<sup>st</sup> June 2022. The event was inaugurated by Dr. Kotresh M Registrar, Bangalore University, Member, ICHR, and New Delhi.

The main objectives of this event were to enable an analysis and discussion on tourism management from a historical perspective by throwing special light on Sikkim and Karnataka in a hybrid learning mode.

Keynote address was presented by Dr. Kotresh M where he discussed about management of Hampi monuments and initiatives taken by state government and central government to preserve and conserve these sites in the recent past.





Chief Guest Dr Hemanta Dhing Mazumdar, Akhila Bharatiya Samparka Paramuk, Akhila Bharateeya Ithihassa Sankalan Yojna, New Delhi discussed about the importance of historical monuments and its relevance in tourism.

Guest of Honour Dr. Anuradha Rajahans, Akhila Bharateeya Mahila Pramuk, Akhila Bharateeya Ithihassa Sankalan Yojna, New Delhi delivered a speech on significance of preservation and conservation of heritage monuments at tourism sites

The event was ended by valedictory function by distribution of mementos to all the guests, speakers and resource persons.

Total 140 participants were attended the event from several colleges of Bangalore.

### Event Photos





**2. Virtual internships:-**

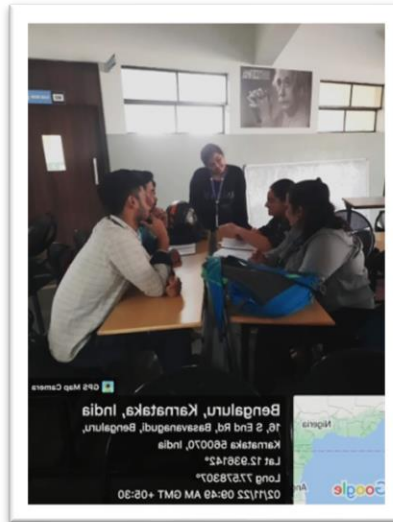
14 students of UG – Psychology have done virtual internships





**3. Peer therapy:-**

Student peer learning is one of important part of student centric system and is implemented in the campus.



**4. Project-based/Internship learning:-**

Psychology students had been to internship in Manasa neuro psychiatric centre from May 1<sup>st</sup> to May 15<sup>th</sup> 2022 as a part of their curriculum.





5. **Experiential learning:-**

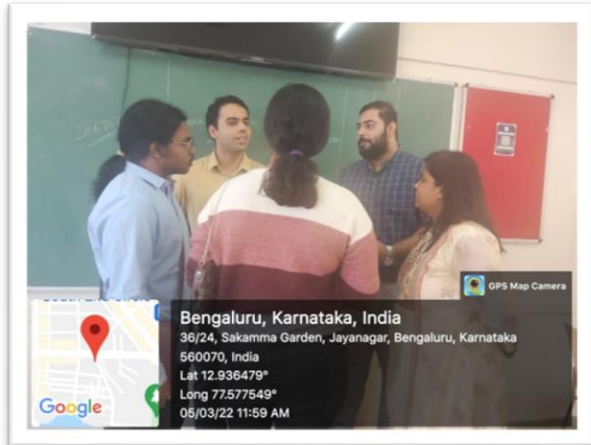
As an initiative by Department of Psychology of Surana College, the Ingitha Club had conducted 'Millora Fest' on the 16th and 15th of July 2021.







6. Department of Psychology in collaboration with Department of Management had organized an **Inter-Disciplinary Event named "Margham"** - an initiative to unveil students potential and guidance for career through mapping on 5<sup>th</sup> march 2022.



7. **Surana well-being centre:-**

Surana Well-being center (SWC), a unit of the Post Graduate department of Psychology caters to the mental health needs of not only the stakeholders of the Surana Educational Institutions but also of the community at large. This initiative is envisioned to provide a systematic and scientific services. Using the art and science of psychological assessments, the center will provide a comprehensive assessment which includes their psycho-social background, cognitive abilities, personality structure, career interest, mental health, and psychological resources with an executive summary. SWC provides various psychological services to schools and colleges, corporate firms, NGOs, and community. It aims to provide counselling, psychotherapy, assessment, extension activities, training, and research.

**The Team:**

Dr. Ashok H. S. (Advisor)

Dr. Susan Thomas (Advisor)

Dr. Sudarshan H. L

Dr. Bhanu B. S. (Co-ordinator)

Prof. Ravi K. Agrahara

Prof. Sridevi P.

Prof. Saptarshee Mazumdar





**Objectives:**

- To create awareness about mental health
- To proffer the best mental health services to all the needy
- To assist those who need additional psychological interventions

**Projects Undertaken:**

- Competency Mapping for faculties of Surana Educational Institutions
- Tool Development for Navjyoti Foundation
- Tool Development for Lodestar and Hireme
- Student Profiling for SJR Public School (Kengeri) and Sheshadripuram College
- Assessment of Specific Learning Disabilities for the students of Chitrakoota School
- Counselling Sessions for BBMP
- Counselling Sessions for teachers of SJR Public School
- Life Skills Training for students of Marigold International School
- Session on Stress Management and Memory Techniques for the Students of Surana College (Peenya)
- Counselling Session for nursing students of IKON nursing school
- Session on Suicide Prevention for GK technologies
- Session on Suicide Prevention for Jobs Cube Consultancy
- Mental Health awareness programme in collaboration with Sampurna Montfort College
- Sessions on Interpersonal Relations for primary classes, Time Management for higher primary and Psychological First Aid for High school for students of Marigold International School (Kumbalgudu)
- Workshop on “Psychological First-Aid” for students of Marigold International School (Kumbalgudu)
- Outreach Programmes in association with Navodaya Charitable Trust

